



# Tacoma Public School Newsletter

20 March 2023

## Dates to remember

**Wed 15 Mar—Mon 27  
Mar**

NAPLAN years 3 & 5

**Thu 23 Mar**

Koori Family Yarn Up  
Harmony Day—orange  
mufti day

**Sat 25 Mar**

Election Day—Sausage  
Sizzle & Cake Stall

**Thu 30 Mar**

Easter Snack Pack  
orders due

**Fri 31 Mar**

Assembly 2pm  
Hot cross bun orders  
due

Stewart House  
envelopes due

**Thur 6 Apr**

Easter Hat Parade  
Last day of Term 1



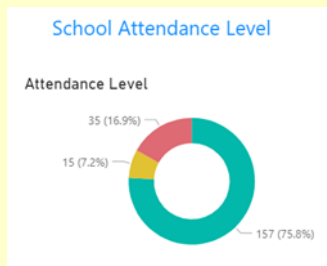
## Principal's message

Welcome to Week 9!

I say this every year, but I cannot believe how quickly the term has flown. We are in a great routine and have really come together as a team to support every student in our school.

### ATTENDANCE

Whilst thankful to those parents keeping sick children at home, I ask you to send your WELL children to school. Congratulations to Gulang who won the best class attendance in Week 8 and Balba was Week 7. Special mention to Murgu who had NO unexplained absences last week! Currently our attendance (Term 1) :



75.8% of our school attend school 90% or more.

7.2% of our school attend 85-90% of the time.

16.9% of our school attend below 85% of the time.

Our goal, by the end of the year is to have 82.5% of our students here more than 90% of the time. We can do it, Tacoma!!

### NAPLAN

Many thanks to Mrs Stuckey for her organisation and dedication to running NAPLAN again this year. With so many composite classes it is logistically very difficult. I also appreciate the flexibility of our staff and students 2-6 for being so accommodating.

### SPORTING STARS ★ ★ ★

Congratulations to Rocco who will compete this Wednesday at the Sydney North Swimming Carnival in butterfly and backstroke.

Well done to Liam who made it into the Wallarah Zone Soccer Team! We are so proud of you both!

### REGIONAL DANCE ENSEMBLE

I am so proud of Pippa, Lana and Eliza who tried out for the Central Coast Regional Dance Ensemble, Years 5-8 at Kincumber High School last Sunday. The auditions had a heavy ballet emphasis, which is not our girls' preferred dance style. Although unsuccessful, they had wonderful attitudes and sportsmanship. Thank you to Mrs Stoodley who gave up some of her weekend to support the girls.



## ABORIGINAL FAMILIES YARN UP

We are looking forward to meeting with our Aboriginal families this Thursday to create our students' PLPs. Please come to the library from 2.30pm – 3.30pm. Classroom teachers will be there with Mrs Fraser and Mrs Simpson.

## SOME REMINDERS FOR FAMILIES:

URGENT! Please pay for your child's Learning Packs. Your child has not received their textbooks if you haven't paid or had a payment plan written. I am happy to assist ANY family pay for this. However, you do need to contact the school to fill out a form.

## HARMONY DAY – Thursday 23<sup>rd</sup> March

Due to NAPLAN we are celebrating this Thursday. We are having an ORANGE MUFTI Day. The cost of mufti is a gold coin. Students will be completing Harmony Day activities in their classes and the choir will be performing at 9am. All welcome to hear our angels sing! Thanks to Mrs Simpson for her organisation.

## EASTER HAT PARADE – Thursday 6<sup>th</sup> April

It's time to prepare your Easter hats/bonnets!

Parents/carers are required to make their Easter Hat **at home** and the students can bring them to school for the parade on Thursday. There will be a chance for siblings to parade as well, so make your toddlers/pre-schoolers a hat too!



Get prepared for Easter  
**HAT IDEAS**



## 2023 NSW State election

Saturday, 25 March 2023, 8:00 AM - 6:00 PM

State Election polling will be held in our hall. Come along and vote and support our P&C's BBQ and Cake Stall this Saturday from 8am.

## CROSS COUNTRY 2023

For your diaries: Week 2 Term 2 - Thursday 4th May. K-2 10am. 3-6 11.40am

## SEEN IN THE OFFICE

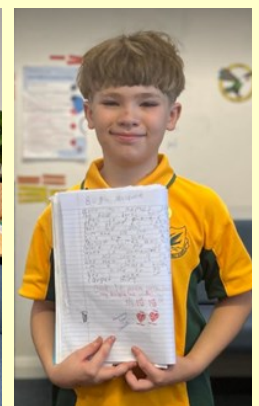
I always love seeing what our amazing students have been up to! Incredible reading from Isaac, Isabella and Izzy when I joined their reading group! Impressive writing from Tyler. And thankyou to Jiji for my very own Goldie!

Have a wonderful fortnight,

Tacoma!

Nicole Burgess

Principal





## **Harmony Day 23<sup>rd</sup> March 2023**

Australia is a vibrant and multicultural country — from the oldest continuous culture of our first Australians to the cultures of our newest arrivals from around the world. Our cultural diversity is one of our greatest strengths and is at the heart of who we are. It makes Australia a great place to live.

On Thursday, students can wear either a traditional costume or the colour ORANGE to celebrate Harmony Day at school. The canteen has organised some food samples for the day for students to enjoy in the classroom. The choir will sing a special song to celebrate how different people can come together to live in harmony.

Mrs Lee Simpson, organiser.

### **Stewart House**

Stewart house donation envelopes were sent home last Monday. Please return these to the office by Friday 31/03/2022.

Over the years, Stewart House has supported and involved many Tacoma Public School Families and is a very valued program within our community.

We do have spare envelopes at the office if you require another one.

### **From the P&C**

If you wish to order a sports house shirt, these are due by this Friday 24th March. Orders for these are only placed once a year.

Order now via the MySchoolConnect app!

EASTER RAFFLE - The P&C Easter Raffle is now live on the MySchoolConnect app. Purchase your tickets using the following link <https://myschoolconnect.com.au/tacoma-ps-raffles?f..>

Don't forget, each class is collecting donations to go towards the raffle prizes - the class that collects the most will be rewarded with a surprise class prize. Donations don't have to be chocolate, any easter themed items are appreciated and **MUST** be sent to the classroom. Please have donations to the classrooms by 30th March.

Raffle prize winners will be able to collect prizes on Thursday 6th April.

EASTER SNACK PACK - \$3.50 Hot Cross Bun and Milkshake Deal at Recess on Thursday 6th April - Order through myschoolconnect by Thursday 30th March.

EASTER HOT CROSS BUN FUNDRAISER - Bakery fresh hot cross buns \$8 per pack. Order through myschoolconnect fundraising before 31st March, to be collected on Thursday 6th April.

### **Assembly Award Winners**

**Gulang—Jaylyn, Jaxon & Juleah**

**Banal—Aaura, Thea & Noah**

**Bamayi—Liam, Tahlia & Liana**

**Murgu—Hendrix, Lucas & Mateo**



**Gundang—Evah, Gavriel & Parkar**

**Balba—Charlotte, Madeleine & Conner**

**Garawa—Jeshua, Mark & Chloe**

**Badhu—William, Dylan & Nicholas**





**James, Malakkai, Chloe, Hannah, Ivy,  
Elijah, Ethan, Selena, Madeleine, Mia,  
Karter, Charlotte & Jaxson**

**WYONG LAKES**  
Australian Football Club

**Magpies**

*Join the Pies*

**DON SMALL OVAL, TACOMA**

**Come & join the FUN!**  
All boys & girls are welcome

Gather your mates it's swooping season!

[play@wyonglakesafc.com.au](mailto:play@wyonglakesafc.com.au)

**PRESEASON TRAINING:**  
Auskick (5-8yrs) - Wednesday 5pm  
Under 9's Mixed- Wednesday 4:30pm  
Under 11's Mixed- Wednesday 4:30pm  
Under 11's Girls - Wednesday 4:30pm  
Under 13's - Tuesday's & Thursday's 5pm  
Games played on Sunday's

**COST:**  
FREE\*\*  
FREE\*\*  
\$100\*\*  
\$100\*\*  
\$100\*\*  
\*\*With Active Voucher



**School Holiday Workshops**  
5—17 April 2021

Gosford Regional Gallery &  
The Entrance Gallery

Book now

<https://www.trybooking.com/BPPKR>



**Central Coast  
Autumn Holiday  
Junior Chess  
Tournament  
(ages 6 to 17)**

**Entry fee \$10**

For full details please  
contact:

Gary Losh

[glosh6090@gmail.com](mailto:glosh6090@gmail.com)

0432 453 726



**Rated by  
NSWJCL**

**Friday 14 April**

**Must pre-enter by Wednesday 12 April**

**Central Coast Grammar School**

**9.30am – 4.00pm**

With an educational checkmate puzzle competition  
and lots of prizes. Practice puzzles provided on entry.

**Minimum ability: Must know how to move the  
pieces and complete games largely unassisted.**

## **Coach 2 Cope: Families and Carers**

### **Supporting the mental health and wellbeing of children & young people**



**Are you concerned about the impact mental health has on the young people in your life?  
Would you like to learn simple ways to respond to them during times of distress?**

EquiEnergy Youth is a charity dedicated to reducing psychological distress, self-harm and the risk of suicide in young people. Our programs aim to connect young people with safe & effective adults with the capacity to effectively respond to them during times of distress and improve mental health outcomes.

As a result of a PhD research project and thousands of hours of clinical experience, Dr Stephen Spencer has developed a simple method to guide adults on how and when to respond to young people in distress to achieve a positive outcome. Steve will coach you on the following;

\*A 5 step evidence-based psychological first aid framework (TAR3) for you to follow when responding 'in the moment' to episodes of distress and behavioural challenges. For example, TAR3 is the equivalent of the DR ABC process for responding to first aid.

\*Guidance on simple ways you can help young people build coping, resilience and positive help seeking behaviour and the vital role you play in promoting this.

\*Context on why child & adolescent mental health occurs and what you can do to improve mental health outcomes for the young people you support.

\*Coaching in the use of scripts and engagements strategies to adopt when responding to distress using the TAR3 Psychological First Aid Method.

**Live via Zoom – Tuesday the 4th of April from 5.30pm to 6.30pm**

**(Attendance is complimentary)**

**Please be quick as spots are limited**

**Use this link to register via Eventbrite**

<https://www.eventbrite.com.au/e/coach-2-cope-families-and-carers-by-dr-stephen-spencer-phd-tickets-551771251667>





# TACOMA PS HOLIDAY PROGRAM

APRIL 2023 - WEEK 1

BOOKINGS CLOSE - MONDAY 3 APRIL

**MONDAY  
10 APR**

TASK CLOSED

**PUBLIC HOLIDAY**



**TUESDAY  
11 APR**

**EAT'STER**




**HAPPY EASTER**

Our Easter treats can't be beat! Cook up a storm with your fellow TASKers

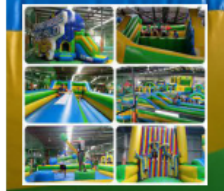
Fee - \$75

**WEDNESDAY  
12 APR**

**INFATABLE WORLD CHARMHAVEN**



Excursion to Inflatable World Charmhaven for inflatable fun.

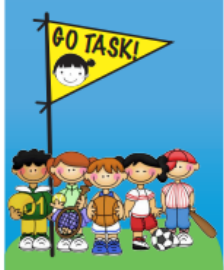


Fee - \$96

**THURSDAY  
13 APR**

**NIAGARA PARK SPORTS STADIUM**

Excursion to Niagara Park Sports Stadium for sports, inflatables and trampolining! BBQ lunch included




Fee - \$96

**FRIDAY  
14 APR**

**APRIL FOOLS**

It's Christmas at TASK... April fools!

Play pranks on your friends or an educator or two!



Fee - \$75



**BOOKINGS**  
[task-kids.com.au](http://task-kids.com.au)  
[enrol@task-kids.com.au](mailto:enrol@task-kids.com.au)  
 1300 827 500

**HOURS**  
 Mon - Fri  
 7am - 6pm

APRIL 2023 - WEEK 2 & 3

BOOKINGS CLOSE - MONDAY 10 APRIL

**MONDAY  
17 APR**

**DRAMA LLAMAS**

Music, dance, and drama. Whatever you choose we're going to put on a show!



Fee - \$75

**TUESDAY  
18 APR**

**AUTUMN-ITONS**

In the spirit of Earth Day and World Creativity and Innovation Day, we're going to solve the world's problems using S.T.E.M.



Kaleidoscope Science IncurSION - Bus to TASK LMPS

Fee - \$96

**WEDNESDAY  
19 APR**

**BATEAU BAY TENPIN BOWL**

**BOWLING Excursion**

Excursion to Bateau Bay Bowl




Fee - \$96

**THURSDAY  
20 APR**

**MOVIE DAY!**

TASK is off to the cinema to see Super Mario Bros The Movie!



Cinema Excursion

Event Cinemas Tuggerah

Fee - \$96

**FRIDAY  
21 APR**

**TASKERS CHOICE**

TASK your way. The kids are in-charge of the fun!

**"what do we want... FUN when do we want it... NOW"**

Fee - \$75



• Please read BOOK ME description on the TASK website for detailed information • Excursion days - places limited • TASK is egg & nut free • Afternoon tea provided • All Holiday Program subject to change • Each day please bring: recess, lunch and water bottle, hat, raincoat, socks, covered shoes and jumper - all labelled.